

# Breakfast I

# Boxes



## Breakfast Boxes

---

		Price
<b>Mixed pastries (6)</b>	A selection of freshly baked pastries croissant (x2), almond croissant, pain au chocolat, pain aux raisins and Portugese custart tart	£19.50
<b>Mini pastry box</b>	A selection of eighteen mini pastries	£21.00
<b>Fruit (6)</b>	Seasonal sliced fruit	£36.00
<b>Vegan pastry box</b>	Six freshly baked vegan pastries cherry flaxseed crowns (VG)	£20.00

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Pots & Drinks



## Individual Pots

		Price
<b>Individual fresh fruit pot</b>	Mixed seasonal fruits	£4.20
<b>Vegan yoghurt</b>	Coconut, yoghurt, raspberry compote, banana, goji berries, granola	£4.50
<b>Granola with berries</b>	Granola with yoghurt and berries	£4.50

## Drinks

<b>Tea, Coffee &amp; Biscuits</b>		£3.00
<b>Still/sparkling water</b>	700ml	£3.00
<b>Fresh Orange or Apple Juice</b>	1L	£7.00

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Breakfast II

# Set Meals



## Breakfast Set Meals. Minimum order of 4.

---

		Price
<b>Continental Breakfast</b>	<ul style="list-style-type: none"><li>• Selection of mini freshly baked croissants (1)</li><li>• A selection of mini freshly baked Danish pastries (1)</li><li>• Exotic fresh fruit platter</li></ul>	£5.95
<b>Savoury Breakfast</b>	<ul style="list-style-type: none"><li>• Fresh home-baked large breakfast muffins (1)</li><li>• Large croissants filled with a selection of savoury breakfast fillings (1)</li><li>• Delicious yoghurt with mixed red berries topped with granola (1)</li></ul>	£8.50
<b>Healthy Breakfast</b>	<ul style="list-style-type: none"><li>• Mini open bagel with light cream cheese and cucumber (1)</li><li>• Yoghurt with mixed red berries topped with granola (1)</li><li>• Honey, sultana, bran muffin (1)</li><li>• Homemade fruit smoothie (250 ml) (1)</li></ul>	£9.50

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Breakfast Platters



## Breakfast Platters

		Price
<b>Fruit Platter</b>	<ul style="list-style-type: none"><li>• A selection of seasonal fruit (6)</li></ul>	£25.00
<b>Croissant &amp; Danish Pastry Platter</b>	<ul style="list-style-type: none"><li>• A selection of mini freshly baked croissants (6)</li><li>• A selection of mini freshly baked Danish pastries (6)</li></ul>	£20.00
<b>Yoghurt, Granola Pots Platter</b>	<ul style="list-style-type: none"><li>• Greek yoghurt pots with mixed berries topped with oat granola (6)</li></ul>	£21.00
<b>Breakfast Muffins Platter</b>	<ul style="list-style-type: none"><li>• Selection of freshly baked breakfast muffins (6)</li><li>• Mega berry burst</li><li>• Banana &amp; toffee</li><li>• Honey, sultana &amp; bran</li><li>• Multi-seed, carrot &amp; yoghurt</li></ul>	£18.50
<b>Vegan Mini Open Bagel Platter</b>	<ul style="list-style-type: none"><li>• A selection of mini open bagels with vegan toppings (6)</li><li>• Crushed avocado &amp; chickpea</li><li>• Peanut butter, banana &amp; coconut</li><li>• Beetroot hummus, sliced avocado &amp; sesame</li></ul>	£21.00
<b>Filled Savoury Croissant Platter</b>	<ul style="list-style-type: none"><li>• A selection of large savoury filled croissants (6)</li><li>• Sussex gammon &amp; farmhouse Cheddar</li><li>• Scottish smoked salmon &amp; cream cheese</li><li>• Free range boiled egg &amp; heritage tomato</li></ul>	£23.50

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information. Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund. Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Lunch I

# From The Sea



A selection of pescatarian sandwiches on artisan bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

---

---

## Sandwiches

- Multi-seed bloomer with hot smoked salmon flakes, mayonnaise and cucumber
  - Sourdough with tuna salad, celery, mayonnaise and mixed salad
  - Ciabatta with taramasalata, Lebanese salad and spinach
  - Multi-seed bloomer with smoked mackerel, tomato and fresh herbs
  - Sourdough with prawns, curry mayonnaise and iceberg lettuce
  - Ciabatta with salmon tartare and rocket
- 

## Salads

- Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds
  - Quinoa, edamame & cannellini beans, feta and pomegranate salad
- 

## Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar
- 

## Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

---

£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



# From The Land



A selection of poultry and cured meat sandwiches, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

## Sandwiches

- Multi-seed bloomer with chicken Caesar salad
- Sourdough with chorizo, spicy mayonnaise, chicken and mixed salad
- Ciabatta with gammon with honey mustard, pineapple and green salad
- Multi-seed bloomer with pastrami, dill mustard and sweet pickle
- Sourdough with turkey, blue cheese, cranberry jam
- Ciabatta with classic BLT

## Salads

- Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds
- Quinoa, edamame & cannellini beans, feta and pomegranate salad

## Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar

## Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# From The Garden



A selection of vegetarian sandwiches on artisan bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

---

## Sandwiches

- Multi-seed bloomer with Lebanese salad, hummus, roasted red peppers and falafel
- Sourdough with mixed crunchy vegetable salad with mayonnaise
- Ciabatta with roasted vegetable, basil pesto and spinach
- Multi-seed bloomer with tomato tapenade, avocado, baby mozzarella and black olive
- Sourdough with cheddar with pickle and mixed salad
- Ciabatta with red pesto, cream cheese, mixed peppers, spinach and parsley

## Salads

- Harissa butternut squash, purple tenderstems, Shimeji mushrooms, rocket, spinach topped with sprouted beans, charred sweetcorn
- Quinoa, edamame, cannellini beans, feta and pomegranate

## Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar

## Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



From  
The  
Earth

A selection of meat, fish and vegetarian sandwiches on luxury sandwich bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

---

### Sandwiches

- Lemon bread with chorizo, spicy mayonnaise, chicken and mixed salad
- Tomato bread with hot smoked salmon flakes, mayonnaise and cucumber
- Green olive bread with Lebanese salad, hummus, roasted red peppers and falafel
- Basil bread with chorizo, spicy mayonnaise, chicken and mixed salad
- Cocoa bread with hot smoked salmon flakes, mayonnaise and cucumber
- White bread with Lebanese salad

### Salads

- Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds
- Quinoa, edamame, cannellini beans, feta and pomegranate salad

### Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar

### Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

£60.00

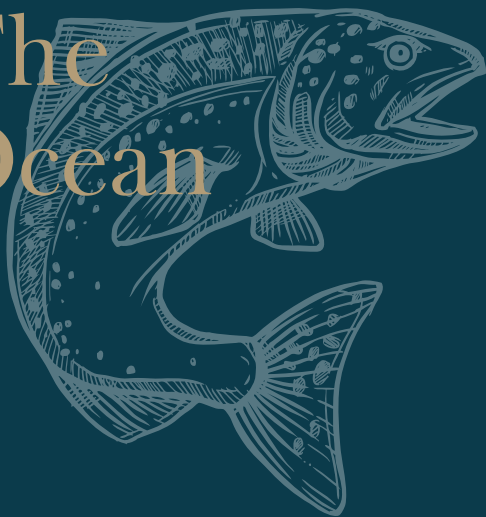
These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# From The Ocean



A selection of pescatarian sandwiches on luxury sandwich bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

---

## Sandwiches

- Lemon bread with smoked mackerel, tomato and fresh herbs
- Tomato bread with taramasalata Lebanese salad, spinach
- Green olive bread with prawn curry mayonnaise and iceberg lettuce
- Basil bread with hot smoked salmon flakes, mayonnaise and cucumber
- Cocoa bread with tuna salad, celery, mayonnaise and mixed salad
- Classic white bread with ciabatta salmon tartare and rocket

## Salads

- Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds
- Quinoa, edamame, cannellini beans, feta and pomegranate salad

## Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar

## Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

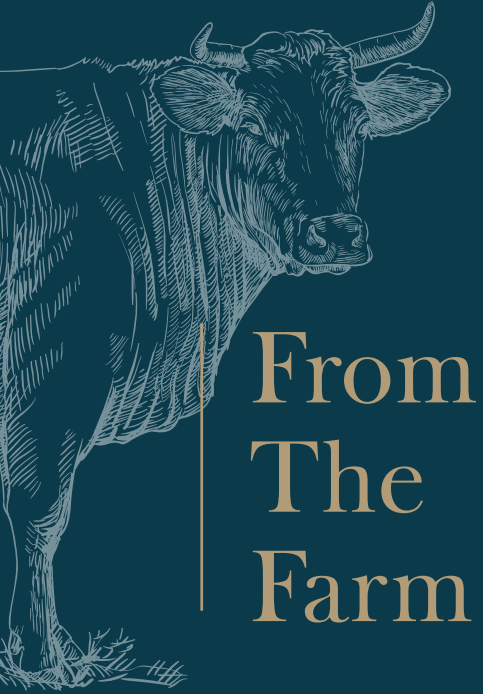
£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



A selection of poultry and cured meat sandwiches on luxury sandwich bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

---

---

### Sandwiches

- Lemon bread with chicken Caesar salad
  - Tomato bread with chorizo, spicy mayonnaise, chicken and mixed salad
  - Green olive bread with gammon with honey mustard, pineapple and green salad
  - Basil bread with pastrami, dill mustard and sweet pickle
  - Cocoa bread with turkey, blue cheese, cranberry jam
  - Ciabatta with classic BLT
- 

### Salads

- Harissa butternut squash, purple tenderstems, Shimeji mushrooms, rocket, spinach topped with sprouted beans, charred sweetcorn
  - Quinoa, edamame, cannellini beans, feta and pomegranate
- 

### Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar
- 

### Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

---

£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



A selection of vegetarian sandwiches on luxury sandwich bread, delicious salads, sweet & savoury snacks. Based on a minimum of 4 people.

### Sandwiches

- Lemon bread with tomato tapenade, avocado, baby mozzarella and black olive
- Tomato bread with roasted vegetable, basil pesto and spinach
- Green olive bread with cheddar with pickle and mixed salad
- Basil bread with Lebanese salad, hummus, roasted red peppers and falafel
- Cocoa bread with mixed crunchy vegetable salad with mayonnaise
- White bread with red pesto, cream cheese, mixed peppers, spinach and parsley

### Salads

- Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds
- Quinoa, edamame, cannellini beans, feta and pomegranate salad

### Snacks

- Kettle Chips: Lightly salted and sea salt & balsamic vinegar

### Sweets

- Orange & lavender loaf cake
- Classic carrot cake

Package price

£60.00

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Add Ons

Cheese Scones (6)		£8.50
Cheese Twists (6)		£9.00
Chocolate Brownie Bars (6)		£13.50
Scones (12) with Jam & Cream		£21.00
Mini Loaf Box	Lavender loaf & carrot cake	£10.50
Additional Salad	Choose from options in Lunch I	£8.25
Extra sandwich box	Choose from options in Lunch I	£24.00
Quiches (6)	Roasted tomato basil & cheddar (3) Beetroot & feta (3)	£13.50

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Add Ons

Price per person

## The Health Detox

£13.00

### Sandwich

Mixed pepper red pesto, spinach and mixed leaves

### Salad

Smokey chipotle with sweet potato, beetroot, parsnip and pomegranate seeds with massaged kale, toasted pumpkin, sunflower & melon seeds

### Sweets

Carrot cake

## The Health Renew

£13.00

### Sandwich

Roasted vegetables, basil pesto, spinach and mixed leaves

### Salad

Harissa butternut squash, purple tenderstems, Shimeji mushrooms, rocket, spinach topped with sprouted beans, charred sweetcorn

### Sweets

Lemon and polenta slice

These items are in Lunch I. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order.  
If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



# Lunch II

# Working Lunch

Minimum order: 4 people

Price per person

<b>The Victoria</b>	<ul style="list-style-type: none"><li>• Selection of sandwiches and tortilla wraps (6 per person)</li><li>• Hand-baked crisps with hummus</li></ul>	£9.00
<b>The Holborn</b>	<ul style="list-style-type: none"><li>• Selection of wraps and mini rolls – a mix of plain, spinach &amp; tomato tortilla wraps and filled mini gourmet soft rolls (4 per person)</li><li>• Selection of homemade cakes and desserts (2)</li><li>• Large tropical fruit skewers (2)</li></ul>	£11.50
<b>The Kensington</b>	<ul style="list-style-type: none"><li>• Flatbread selection - meat, fish and vegetarian filled flatbreads (6 pieces per person)</li><li>• Hand-baked crisps with hummus</li><li>• Exotic fresh fruit platter (sliced)</li></ul>	£13.00
<b>The City</b>	<ul style="list-style-type: none"><li>• Mini open sandwich selection (3 per person)</li><li>• Cherry tomato, bocconcini and basil skewers with pesto dip</li><li>• Vegetarian Niçoise salad with French dressing</li><li>• Hand-baked crisps with hummus</li><li>• Large tropical fruit skewer (1)</li></ul>	£13.50
<b>The Marylebone</b>	<ul style="list-style-type: none"><li>• Mini mixed rolls selection (3 per person)</li><li>• Italian chicken pesto skewer (1)</li><li>• Selection of homemade vegetarian quiches (1)</li><li>• Sweet potato falafels with hummus dip (2)</li><li>• Selection of homemade cakes and desserts (2)</li></ul>	£13.50
<b>The Mayfair</b>	<ul style="list-style-type: none"><li>• Halloumi, courgette &amp; roast pepper skewer (1)</li><li>• Spinach &amp; potato pakoras with mint raitha (2)</li><li>• Spring rice salad with courgettes, chickpeas, feta and herbs</li><li>• Salmon &amp; avocado salad with mixed green leaves</li><li>• Selection of homemade cakes and desserts (2)</li></ul>	£13.50

These items are in Lunch II. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Salads



		Medium Serves 4-6	Large Serves 8-10
<b>Meat</b>	• Chicken and avocado garden salad	£26.50	£38.50
	• Chicken Caesar salad		
	• Oriental duck noodle salad		
<b>Fish</b>	• Poached salmon and new potato salad	£30.00	£44.50
	• Tuna Niçoise salad		
	• Marinated king prawn and avocado salad		
<b>Vegetarian</b>	• Red and golden beetroot salad	£24.00	£36.50
	• Roasted artichoke and Mediterranean vegetable salad		
	• Greek salad		
	• Honey roast sweet potato and pearl couscous salad		

These items are in Lunch II. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.





Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

# Cold Fork Buffet Menu

Minimum order: 6 people



## The Knightsbridge

- Fiery chicken breast with grilled vegetables, topped with shredded cheese and citrus-balsamic dressing
- Selection of homemade vegetarian quiches 
- Roasted beetroot, Braeburn apple, baby spinach with hazelnut cider dressing 
- Pesto penne pasta salad with Parmesan shavings, olives, cherry tomatoes and fresh basil 
- Chickpea and roasted Mediterranean vegetable salad 
- Selection of bread and butter
- Lime meringue tartlets

Price per person





£26.50

## The Chelsea

- Chargrilled chicken breast with wild rice, lentil, endives, cranberries, topped with crispy onion
- Seared shrimp, pineapple, orange segments, bell peppers, spring onions, coriander and sesame seeds with a honey-lime dressing
- Fusilli pasta, sun-blushed tomato and Bocconcini with fresh basil and olive tapenade 
- Red and golden beetroot salad in a herb and lemon olive oil, garnished with orange segments 
- Mexican style chorizo salad with mixed beans and cherry tomato
- Selection of bread and butter
- Triple chocolate fudge brownies

£30.00

## The Belgravia

- Grilled chicken breast, avocado, chopped coriander, cherry tomato and asparagus with spicy lime dressing
- Butternut squash tartlet 
- Lentil and goats' cheese with sun-blushed tomato salad 
- Middle Eastern wild rice salad with pomegranate and coriander 
- Smoked salmon and spinach noodle salad
- Mixed leaf salad 
- Selection of bread and butter
- Classic Italian tiramisu

£32.50

These items are in Lunch II. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.



Gluten free



Vegan



Vegetarian

# Individually Wrapped Items

Minimum order: 4 people

These items are in Lunch II. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

## All items listed below are served in a box or bowl per person

Lunch Box - Baguette	Meat or vegetarian baguette, mixed salad, apple, cake slice and Kettle chips	£13.50
Lunch Box - Wraps	Meat or vegetarian wraps, crudites with hummus dip, apple, vegan cake slice and Kettle chips	£13.50
Lunch Box - Savoury	Meat or vegetarian filled sandwich, vegetable quiche tart, breaded chicken strip, cake slice and Kettle chips	£16.00
Salad - Chicken Caesar	Herb roasted chicken breast, romaine lettuce, Parmesan and crunchy croutons with Caesar dressing	£9.00
Salad - Roasted Salmon and Avocado	Seasoned salmon fillet, avocado, mixed peppers, tomato, cucumber and mixed leaves with balsamic dressing	£10.50
Salad - Super Food Quinoa	Quinoa salad with broccoli, yellow courgette, chickpea, carrot and crunchy walnuts	£8.50
Salad - Greek	Tomatoes, cucumber, feta cheese, black olives and houmous with toasted pitta and mint	£8.50
Buddha Bowls - Mexican Chicken and Avocado	Smoked paprika chicken breast, wild rice salad with roast peppers, rainbow slaw salad and sliced avocado	£13.00
Buddha Bowls - Superfood King Prawn	Marinated king prawns, quinoa salad with avocado and cherry tomatoes, edamame and fennel salad with rocket	£13.50
Buddha Bowls - Rainbow Salmon	Honey mustard grilled salmon, rainbow slaw with new potato, rocket salad, cherry tomato, Parmesan cheese and balsamic dressing	£13.50
Buddha Bowls - Szechuan Tofu Stir Fry (V)	Marinated grilled tofu with spicy peanut sauce, Szechuan mushroom and aubergine stir fry, coconut lime rice and pak choi	£11.50
Buddha Bowls - Greek Halloumi (V)	Chargrilled halloumi, pearl couscous salad with roast sweet potato and pomegranate, marinated artichokes, chargrilled courgettes, peppers and aubergines	£11.50

# Add Ons

Minimum order: 6 people

## Sweet treats

Chocolate brownie £4.30 per slice

Carrot cake

Cherry & almond loaf cake

Coffee & walnut cake

Upside pineapple cake

Banana and toffee loaf cake

Lemon drizzle

Bakewell cake

---

Dark chocolate brownie slice   £3.50 per slice

Millionaire cake  

Raspberry oat flapjack  



Gluten free



Vegan



Vegetarian

These items are in Lunch II. Please order either from Lunch I or Lunch II.

Prices are exclusive of VAT. A £5+VAT delivery charge will be added to every order. If you have specific dietary requirements, please contact our team for more information.

Catering must be ordered 48 working hours in advance. In the event you need to cancel your order, we require 48 working hours notice for a full refund and 24 hours a 50% refund.

Should you wish to have your own catering, we will apply a corkage fee of £5 + vat per person and provide the crockery, cutlery and waste disposal for this service.

Argyll

WORKARGYLL.COM